

Urinary Symptom Questionnaire for Neurogenic Bladder-Indwelling Catherization (USQNB-IDC)

ACTIONABLE

- Autonomic Dysreflexia (AD)
- Feeling feverish
- Abdominal/ suprapubic pain
- Increased tone/spasticity (not bladder spasms)
- Bladder spasm frequency/discomfort
- Sweating
- Flushing of the chest, neck, or face

_____ **Total “Actionable” Symptoms**

BLADDER

- Blood in urine
- Blood clots in urine
- Urinary urgency
- Incontinence/ Urine leakage

_____ **Total “Bladder” Symptoms**

URINE QUALITY

- Worse-smelling urine
- Darker urine
- Cloudier/sediment in urine

_____ **Total “Urine Quality” Symptoms**

CONSTITUTIONAL

- Discharge, redness, or sensitivity around catheter site
- Increase or decrease from your usual blood pressure
- Diarrhea
- Numbness, tingling in your extremities
- Sense of burning in the extremities or throughout the body
- Increase in fatigue, lethargy, or weakness
- Generalized abdominal discomfort or bloating
- Back pain
- Pain below the level of injury
- Irritability or mental slowing/confusion

_____ **Total “Constitutional” Symptoms**