



MedStar Health

Physical Therapy and Sports Performance **at Lafayette Centre.**



Parking garage entrance from 20th Street



Physical Therapy entrance from 20th Street

From the 20th Street parking garage

For your convenience, we recommend using the 20th Street entrance to the garage.

- From the parking garage, enter Building 1 South and use the elevator or stairs to navigate to the ground level.
- Exit the Building 1 South lobby into the courtyard and enter the Physical Therapy from 20th Street.

From the street or Metro

- If walking, you can enter the MedStar Health Physical Therapy and Sports Performance Center directly from 20th Street.
- Walking along 20th Street, navigate toward the 20th Street parking garage entrance in Building 1 North. The MedStar Health Physical Therapy and Sports Performance entrance is located next to the 20th Street garage entrance.
- Patients walking from 21st Street may cut through the Lafayette Centre courtyard, passing the Building 2 and the Building 1 lobby entrances toward 20th Street.

The Physical Therapy and Sports Performance Center provides therapy treatments. For appointments with physicians, navigate to the Orthopaedic and Sports Medicine Center located in Building 1 South, Level A.

It's how we treat people.